

CREATE
LASTING
IMPACT

GOVERNOR's monthly letter

AUGUST 2026

ISSUE 02

INAUGURAL ISSUE
— AUGUST 2026 —

THE JOURNEY BEGINS

A month of new beginnings, strong partnerships and **Creating Lasting Impact**

“ Leadership is not about taking charge. It's about inspiring others to **Creating Lasting Impact**. ”



HIGHLIGHTS IN THIS ISSUE



HISTORIC INSTALLATION CEREMONY

A new beginning of service and leadership



RI DIRECTOR JENNIFER A. SCOTT'S VISIT

Strengthening global connections and fellowship



SMART VILLAGE INITIATIVES

Building a better tomorrow



GLOBAL POLIO LEADERSHIP VISIT

Polio oversight committee visit reinforces our commitment to **End Polio Now**



DIPLOMATIC ENGAGEMENTS

Building partnerships strengthening bonds, expanding impact

Shahzad Sabir

District Governor 2026-27
RI District 3271

TOGETHER AS
ONE TEAM
LEAD TODAY
TRANSFORM TOMORROW

Rotary 

CREATE
LASTING
IMPACT



RI District 3271

GOVERNOR's monthly letter

INAUGURAL ISSUE
AUGUST 2026 ISSUE 02

GML TEAM

Faiza Fida Abbasi
Abbas Lavingia

Advisors

Shahzad Sabir
(District Governor)
Arif Siddique
(District Secretary)

END
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*Scan for
digital version*

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ON THE COVER

"When members and clubs collaborate, they experience the profound impact that happens when passionate individuals come together with a shared purpose to serve, to uplift, and to make lasting impact."

Jennifer A. Scott
RI Director 2025–27



Shahzad Sabir
District Governor

Dear Rotary Leaders and Fellow Members,

As we conclude the first month of this Rotary year, I extend my heartfelt appreciation to every club and member who has embraced our shared vision with dedication and purpose. The energy, commitment, and enthusiasm demonstrated across the district have been truly encouraging, setting a strong foundation for the year ahead. July, observed as Maternal and Child Health Month, reminded us of our collective responsibility to ensure that mothers and children have access to quality healthcare, education, and opportunities to thrive. It has been inspiring to witness our clubs actively serving communities through impactful initiatives that reflect Rotary's enduring commitment to improving lives.

As we now enter Membership and New Club Development Month, I encourage each of you to continue building on this momentum. Membership is more than numbers—it is about bringing together individuals who share our passion for service and creating opportunities for more communities to experience the power of Rotary. I am pleased to see many of our clubs already taking meaningful steps to strengthen their membership and expand our reach.

Our Rotaractors also continue to play a vital role in advancing Rotary's mission. Their passion, innovation, and dedication to service bring fresh perspectives and renewed energy to our district. As we focus on membership growth and club development, let us continue to strengthen our collaboration with Rotaract, empower young leaders, and create pathways for lifelong engagement within the Rotary family. Every new member brings fresh ideas, renewed energy, and greater capacity to serve. Together, we can cultivate vibrant clubs, develop future leaders, and extend Rotary's impact to even more people across our district.

As we continue our journey under Rotary International President Olayinka Hakeem Babalola's inspiring theme, "Create Lasting Impact," let us remain committed to service that is sustainable, collaborative, and transformative. The progress we make today will define the legacy we leave for tomorrow.

Thank you for your unwavering commitment and for the remarkable work you continue to do. I look forward to another month of fellowship, growth, and meaningful service.

With warm regards and best wishes,

Shahzad Sabir
District Governor (2026–27)

MATERNAL AND CHILD HEALTH MONTH | JULY 2026

Treating Severe Acute Malnutrition (SAM) in Children

Children suffering from SAM without medical complications are treated through Community-Based Management of Acute Malnutrition (CMAM) programs. RUTF serves as the primary therapeutic food in Outpatient Therapeutic Programs (OTP).

Ready-to-Use Therapeutic Food (RUTF) has transformed the management of childhood malnutrition globally. By shifting treatment for severe wasting out of overcrowded hospital wards and into home-based care, RUTF enables high recovery rates in low-resource and emergency settings.



What is RUTF?

Ready-to-Use Therapeutic Food is a high-energy, nutrient-dense lipid paste specifically formulated to treat acute malnutrition. Standard formulations consists of:

- Peanut paste and vegetable oils, Milk powder and sugar, A complex vitamin and mineral mix to correct severe micro-nutritional deficiencies.
- Home-based administration: Caregivers can open a single-dose sachet (providing roughly 500 kcal per 92 gram package) and feed the child directly.
- Dosage & Duration: Administered based on the child's body weight (typically 150 to 200 kcal/kg/day) for 4 to 8 weeks until reaching target weight or Mid-Upper Arm Circumference (MUAC) benchmarks.
- High Cure Rates: above 90%



Managing Moderate Acute Malnutrition (MAM)

While standard high-dose RUTF is designed for SAM, addressing Moderate Acute Malnutrition requires targeted nutritional supplementation to prevent children from slipping into severe wasting.

Supporting Underweight Pregnant and Lactating Women (PLW)

Maternal undernutrition contributes directly to low birth weight, infant stunting, and maternal mortality. Undernourished mothers require additional energy and targeted micronutrients to support maternal-fetal health.

- Limited supplementing using RUTF or similar ready to use supplements with dietary changes results in addressing Low birth rates and lactation for the new born to 2 years Breast-feeding.

Best Practices and Programmatic Guidelines

1. Protect and Prioritize Breast-feeding: For infants 6 months of age and older, caregivers must always offer breast milk before giving RUTF or RUSF so that the lipid paste does not displace breast-feeding.
2. Provide Clean Drinking Water: Because RUTF is dense and low in water content, children become thirsty while eating it; clean drinking water must be freely offered during feeding.
3. Prevent Household Sharing: RUTF is a prescription-like therapeutic food for targeted individuals, not a general household meal. Community counseling ensures sachets are reserved for the diagnosed child or mother.

— **PP Muhammad Ovais**
International Service Chair, RID 3271

TMSG, Trust for malnutrition and Stunted Growth, a Trust consisting mainly of Rotarians from Pakistan and Canada, run 120 clinics to address malnutrition in various parts of Pakistan.

Contact through following websites to participate. <https://tfmasg.com/> and <https://childmalnutrition.org/>

DISTRICT HIGHLIGHT

Wreath Laying Ceremony | Mazar-e-Quaid

On 1st July 2026, Rotary International District 3271 formally opened its 2026-27 Rotary year as District Governor Shahzad Sabir led a wreath-laying ceremony at the Mausoleum of Quaid-e-Azam Muhammad Ali Jinnah, paying tribute to the Father of the Nation before assuming charge of the District's leadership for the year ahead.



Installation Ceremony of DG Shahzad Sabir | The Marquee, Pearl Continental Hotel

On 4th July 2026, Rotary International District 3271 formally installed Shahzad Sabir as District Governor in a landmark ceremony at The Marquee, Pearl Continental Hotel, Karachi. The grand occasion brought together more than 1,000 Rotarians, diplomats, business leaders, development professionals, and community representatives from Pakistan and abroad — a powerful testament to the trust and expectations the district places in its new leader. The ceremony marked the beginning of a bold new chapter as District 3271 unveiled several flagship initiatives for 2026-27 under DG Shahzad Sabir's theme "Create Lasting Impact."



Centennial Book Launched *"From 1927 to Pakistan 2027: 100 Years of Rotary Service in Pakistan"* at the District 3271 Installation Ceremony 2026-27

A landmark historical book, *From 1927 to Pakistan 2027: 100 Years of Rotary Service in Pakistan*, was formally launched at the D3271 Installation Ceremony 2026-27. Compiled by PP Syed Kashif Rafi, the volume is the first comprehensive chronicle of Rotary's hundred-year footprint across Pakistan - a record of compassion, leadership, and fellowship since 1927, when the first Rotary club in present-day Pakistan was chartered in Lahore. The launch was graced by Jennifer A. Scott, Director 2025-27 Rotary International, as Chief Guest, and was produced under the guidance of District Governor 2025-26 Shakeel Kaim Khani. The project was guided by PRID Muhammad Faiz Kidwai, with PDG Muhammad Iqbal Qureshi serving as Patron, and the editorial team. Published by the Rotary Humanitarian Trust.



Midwifery Diploma Ceremony | Koohi Goth School of Midwifery, Karachi | RCKSM

The Rotary Club of Karachi Sunset Millennium proudly celebrated the graduation of 17 of 19 midwives, who received their Midwifery Diplomas at the Koohi Goth School of Midwifery.

The ceremony was attended by President Dr. Kausar Malik, Club Secretary Sharmeen Peshimam, PP Bina Rasheed, Rtn. Saira Ahmed, Rtn. Firdaus Kamal, and PP Zeenat Bayat.

Launched in March 2020 through a Global Grant in partnership with the Rotary Club of Vapi, India, Districts 3060 and 3271, and The Rotary Foundation, the program has empowered skilled midwives who are now serving communities across Thatta and Karachi, improving maternal and newborn healthcare.



CLUB INSTALLATIONS

Installation Ceremony — RC Karachi Clifton

A proud evening as Rtn. Sadaf Kamran Ali was installed as President of the Rotary Club of Karachi Clifton for 2026-27, with District Governor Shahzad Sabir attending as Guest of Honour and extending warm best wishes for a successful and impactful year ahead.



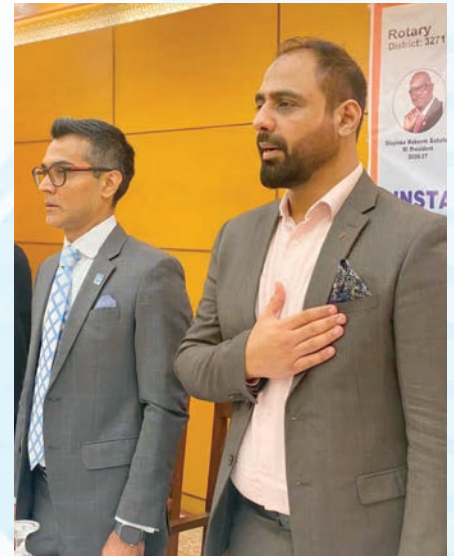
Installation Ceremony — RC Karachi Quaid

The Rotary Club of Karachi Quaid celebrated a new beginning with the installation of President Adnan Syed, graced by District Governor Shahzad Sabir as Chief Guest. The evening also featured an inspiring session titled "Leadership Beyond Collars" by PDG Muhammad Rizwan Adhia — leaving every Rotarian in the room motivated and energised.



34th Installation Ceremony — RC Karachi Gateway

Thirty four years of service. And counting. District Governor Shahzad Sabir addressed and officially installed the new leadership team of the Rotary Club of Karachi Gateway, paying heartfelt tribute to the late Rotarians of the club and emphasising sustainable membership growth as the foundation of stronger clubs.



Joint Installation Ceremony — RC Galaxy, RC Indus & RC Mehran Hyderabad

Three clubs. One spirit of service. District Governor Shahzad Sabir graced the Joint Installation Ceremony of Rotary Club of Galaxy, Rotary Club of Indus, and Rotary Club of Mehran Hyderabad at Hyderabad Club as Chief Guest, joined by District Secretary Arif Siddiqui, Deputy Governor Imdad Bhugio, and AG Muhammad Imran Khan.



Joint Installation Ceremony — RC Karachi Sunrise & RC Karachi Safe City

Two clubs. One shared vision. The Joint Installation Ceremony of Rotary Club of Karachi Sunrise and Rotary Club of Karachi Safe City was held at Karachi Gymkhana on 18th July 2026, graced by District Governor Shahzad Sabir who personally congratulated the newly installed Presidents and encouraged them to lead with vision, integrity, and dedication.



Joint Installation Ceremony | Mirpurkhas

DG Shahzad Sabir paid an extensive official visit to Mirpurkhas, a day packed with meaningful service, community engagement, and leadership milestones. The visit began with a tour of Sweet Home Orphanage and the Arts Foundation Office, where DG Shahzad Sabir reviewed the Vocational Training Skills Centre and appreciated its vital role in empowering youth through vocational education. The day continued with the foundation stone-laying ceremony of a mosque in Village Shah Muhammad Mari, followed by a tree plantation drive at the park of Model Village Sadoro Hajjano, reflecting Rotary's commitment to environmental sustainability. DG Shahzad Sabir also participated in the foundation stone-laying ceremony of GBPS Haji Sathi Mari School and visited the Future Flood-Resilient Model Village Muhammad Ismail Solangi, observing ongoing community development and resilience initiatives. A productive meeting with UC Chairman Haji Muhammad Ali Khaskheli followed, focusing on local development, education, and community welfare. The day concluded on a celebratory note with the Installation Ceremony of the Rotary Club of Mirpurkhas Central, marking the beginning of a new Rotary year with renewed enthusiasm and commitment to Service Above Self.



28th Installation Ceremony | RC Karachi Sunset Millennium

A new president. A new year. A club that never stops growing. District Governor Shahzad Sabir formally installed Dr. Kauser Malik as President of Rotary Club of Karachi Sunset Millennium for 2026-27 at Avari Towers Hotel. The ceremony was graced by Rotary International Director Jennifer A. Scott, international guest PDG Dr. Mildred Vande Vusse-Vitangcol, and several Past District Governors. Outgoing Secretary Saira Adnan presented a proud year in review — 1,200 students supported, 1,000 patients treated, 1,500 community members reached, and 150 women empowered through vocational training. District Governor Shahzad Sabir lauded the club's achievements and encouraged even higher ambitions for the year ahead.



LEADERSHIP & ADVOCACY

Chair POB & IPPC Mike McGovern Visits Pakistan | PNPPC Meeting | Clifton, Karachi

Mike McGovern, Chair of the Polio Oversight Board and Chair of the International PolioPlus Committee, visited Pakistan for important engagements related to Rotary's polio eradication mission. During his visit, he held high-level meetings, including discussions with the Prime Minister and federal government representatives.

District Governor Shahzad Sabir accompanied Chair POB & IPPC Mike McGovern throughout these key engagements, including the Pakistan National PolioPlus Committee meeting, chaired by Chair POB & IPPC Mike McGovern and co-chaired by Aziz Memon, Trustee 2020-24, The Rotary Foundation, Member, Rotary International PolioPlus Committee, National Chair, Rotary PolioPlus Committee.

McGovern shared updates from his Islamabad engagements and the Polio Oversight Board meetings, while discussions focused on the current polio situation, partner coordination, and the collective commitment required to achieve the final milestone of a polio-free Pakistan.



**END
POLIO
NOW**



Leadership - Meeting at Chief Minister House

DG Shahzad Sabir participated in an important meeting at the Chief Minister House, alongside senior Rotary leaders and distinguished Rotarians, reaffirming Rotary's commitment to collaborative leadership and meaningful community service. The meeting brought together key stakeholders to discuss opportunities for strengthening partnerships between Rotary and public institutions, focusing on sustainable community development and impactful humanitarian initiatives. DG Shahzad Sabir joined fellow Rotary leaders in constructive discussions aimed at advancing Rotary's mission and reinforcing a shared vision of service, leadership, and collaboration for the betterment of communities across the province.



Farewell to Michael McGovern, Chair POB & IPPC

DG Shahzad Sabir bid a warm farewell to Michael K. McGovern, Chair of the Polio Oversight Board and International PolioPlus Committee, as he concluded his inspiring visit to Karachi. On behalf of Rotary International District 3271, DG Shahzad Sabir expressed heartfelt gratitude for Mr. McGovern's visit, his unwavering dedication to the global fight against polio, and the encouragement he extended to Rotarians, PolioPlus Committee members, and partners during his stay. His interactions reinforced the shared resolve of District 3271 to achieve a polio-free world — and DG Shahzad Sabir looks forward to welcoming him back to Pakistan as Rotary continues creating lasting impact until the job is finished.



DIPLOMACY & CIVIC ENGAGEMENT

Visit to German Consulate General | Karachi

DG Shahzad Sabir visited the German Consulate General to bid farewell to Mr. Andreas Wegner and Ms. Anja Klos, and had the honour of presenting the Rotary International 2026-27 Theme Pin to His Excellency Mr. Thomas E. Schultze, Consul General of Germany in Karachi — a meaningful gesture symbolising Rotary's commitment to Creating Lasting Impact.



ESU Pakistan Annual Dinner 2026 | Karachi

DG Shahzad Sabir attended the Annual Dinner 2026 of the English Speaking Union of Pakistan, hosted by Patron-in-Chief and President International Council of ESU 2022-24, Trustee 2020-24, The Rotary Foundation, Member, Rotary International PolioPlus Committee, National Chair, Rotary PolioPlus Committee Aziz Memon, President ESU Pakistan Pervez H. Madraswala, and the National Executive Council. The evening celebrated meaningful connections, engaging conversations, and shared vision. A proud moment as DG Shahzad Sabir was congratulated on his designation as Vice President of ESU Pakistan for 2026-27 alongside President-designate Mr. Irfan Qureshi.



Pinning Ceremony — Deputy Head of Mission, British High Commission

DG Shahzad Sabir had the distinct honour of pinning Mr. Tom Burge, Deputy Head of Mission at the British High Commission — reflecting the strong relationships Rotary District 3271 continues to build with diplomatic leaders and reinforcing a shared commitment to international Rotary fellowship.



Luncheon with Karachi Timber Merchants Group

DG Shahzad Sabir was warmly received and honoured at a special luncheon hosted by the Karachi Timber Merchants Group, reflecting the strong bond between Rotary District 3271 and Karachi's business community. DG Shahzad Sabir expressed his gratitude for the warm hospitality and appreciated the valuable contribution of the business community in supporting initiatives that create lasting impact. The occasion was also featured in Regional Times, recognising the District Governor's visit and the appreciation extended by the Karachi Timber Merchants Group. A meaningful interaction that strengthens Rotary's partnerships with community and business leaders across the city.



Collaboration: Rotary Club of Karachi East & Karachi Chamber of Commerce & Industry (KCCI)

DG Shahzad Sabir participated in the seminar "Beyond the Buzz: Understanding AI for Business Growth" organised by KCCI, Rotary Club of Karachi East, and ISACA Karachi Chapter. The timely and impactful event brought together business leaders, technology professionals, and Rotarians to explore the transformative potential of Artificial Intelligence for business growth, innovation, and competitiveness — a subject closely aligned with Rotary's commitment to community and economic development.



Pakistan Budget 2026-27 Session with Dr. Miftah Ismail | RC Karachi Centennial

DG Shahzad Sabir attended an insightful session on Pakistan Budget 2026-27 featuring former Finance Minister Dr. Miftah Ismail, hosted by the Rotary Club of Karachi Centennial. An evening of valuable perspectives, thoughtful dialogue, and meaningful connections on Pakistan's economic direction ahead.



SERVICE IN ACTION

Smart Villages Visit & E-Learning Center Inauguration | Zaffar Abad

DG Shahzad Sabir led a high-level delegation to Rotary Pakistan Smart Villages at Zaffar Abad and Mir Yar Muhammad Talpur Village, joined by Rotary International Director Jennifer A. Scott and spouse, Past RI Director Muhammad Faiz Kidwai, and international delegates from Australia and the Philippines. A key highlight of the visit was the inauguration of the E-Learning Center at Zaffar Abad — a powerful symbol of Rotary's commitment to empowering rural communities through education, technology, and sustainable development. The visit showcased how Rotary Pakistan Smart Villages are transforming lives and creating opportunities for learning, innovation, and a brighter future for communities that need it most.



Maternal & Child Health Camp | Baba Island | RC Karachi Roshni

Rotary Club of Karachi Roshni, in collaboration with Captain Izhar of the Navy League, organised a Maternal and Child Health Camp at Baba Island serving approximately 50 to 60 mothers, with educational sessions on prenatal care, newborn care, and child development followed by individual free medical consultations. Facilitated by Rtn. Atiya Izhar and Rtn. Anita Kirmani.



Visit to Transformation International Society | Karachi

DG Shahzad Sabir accompanied Rotary International Director Jennifer A. Scott, PDG Dr. Mildred Vitangcol, Aide to the Director PDG Dr. Aftab Imam, and members of the Rotary delegation on a meaningful visit to Transformation International Society. The visit offered an inspiring opportunity to witness remarkable work being carried out to empower children through education, rehabilitation, and skill development. Interacting with the children and experiencing their enthusiasm served as a powerful reminder that true leadership is rooted in compassion, inclusion, and service. DG Shahzad Sabir appreciated the dedication of the Transformation International Society team for creating opportunities that build a more inclusive future — strongly reflecting Rotary's commitment to Basic Education and Literacy and Community Economic Development.



Dr. Drago Maternity & Child Hospital Visit | Mirpurkhas

DG Shahzad Sabir visited the Dr. Drago Maternity and Child Hospital Project of the Rotary Club of Satellite Town Mirpurkhas, appreciating the club's committed efforts in advancing maternal and child healthcare and serving the community with excellence.





Books Distribution Ceremony at Nooria Rizvia Academy I RCK Nexus

DG Shahzad Sabir paid his first official project visit as District Governor to Nexus Pilot School at Nooria Rizvia Academy, Clifton, attending the Book Distribution Ceremony for underprivileged children under the JICA-supported Non-Formal Education Curriculum. DG Shahzad Sabir described the noble work of educators as Sadaqah Jariyah and encouraged children to pursue their dreams with confidence, commending Nooria Rizvia Academy and Rotary Club of Karachi Nexus for empowering young minds through education.



Free Medical Camp - Maternal & Child Health Month | RCK Quaid

Rotary Club of Karachi Quaid successfully concluded a Free Medical Camp at House of Hope, Karachi, in observance of Rotary's Maternal and Child Health Month. Supported by doctors, healthcare professionals, volunteers, and Rotarians, the camp provided free medical consultations, essential medicines, maternal and child healthcare services, and health awareness to deserving mothers, children, and families. A heartfelt demonstration of Rotary District 3271's commitment to Service Above Self and creating lasting impact in the community.



Seniors Legacy Program Launch | Rotary Club of Karachi Silver Sands

Rotary Club of Karachi Silver Sands launched the “Seniors Legacy Program” under the leadership of Rtn. Fatima Khalfan, in collaboration with Khudi Foundation, VCare, and Ageing Alliance of Pakistan. The initiative aims to promote holistic wellness among seniors aged 60+ while creating awareness among youth and young adults about healthy and active ageing. This program reflects Rotary’s commitment to building inclusive communities and enhancing the quality of life for all generations.



Artificial Limbs Outreach | Sukkur

Rotary Club of Karachi's Artificial Limbs Outreach Program reached Sukkur on 8th and 9th July 2026 — with 17 artificial limbs successfully fitted for amputees and new measurements taken for additional patients. Every limb is more than a prosthetic — it is a life restored, a step taken, a future reclaimed.



Artificial Limbs Outreach | Kunri, Umerkot

The Artificial Limbs Outreach Program continued to Kunri, Umerkot on 10th July 2026, where the team took measurements for approximately 40 new patients requiring artificial limbs — a promise that help is coming and that Rotary will go wherever it is needed.



Mental Health, Oral Health & Maternal and Child Health Awareness Session ILMA University | RC Karachi Pearl & RC Karachi Climate Avenue

Rotary Club of Karachi Pearl in collaboration with Rotary Club of Karachi Climate Avenue organised a Mental Health, Oral Health, and Maternal & Child Health Awareness Session at ILMA University. Ms. Sonia Nawab addressed Generation Z challenges through stress-relief techniques and one-on-one consultations. Dr. Syed Naveed Manzoor highlighted links between oral health and systemic conditions and promoted bamboo toothbrushes as a sustainable alternative. Maternal and Child Health was also addressed — new mothers were encouraged to adopt early infant oral care practices to prevent nursing bottle caries. District Governor Shahzad Sabir attended and emphasised the connection between oral health, mental well-being, and quality of life.



Teachers Training Program 2026-27 | RC Mirpurkhas Central

Rotary Club of Mirpurkhas Central under President Rtn. Wali Muhammad Lashari launched an 8-Day Teachers Training Program at Sunshine Institute of Management and Technology, focusing on Lesson Planning for Effective Teaching and Learning — strengthening teachers' skills in designing lesson plans, setting learning objectives, selecting appropriate teaching strategies, and assessing student outcomes.



ROTARACT IN ACTION

Clean Coast Better Future Drive | Sea View, Karachi

Rotaract Club of Karachi Sunrise organised a beach cleaning drive at Sea View, Karachi on 12th July 2026 under the initiative "Clean Coast, Better Future." Dedicated Rotaractors took to the shores to clean up the coastline and protect the environment — a powerful demonstration of Rotary's next generation leading with purpose and passion for a cleaner, greener Pakistan.



Plantation Drive | Rotaract Club of Karachi Sunrise

Rotaract Club of Karachi Sunrise, in collaboration with Hope Bridge Welfare Organization, organised a meaningful Plantation Drive at KIET University, reinforcing Rotary's commitment to environmental sustainability and a greener future. The event was graced by District Rotaract Representative 2026-27 Rtr. Dr. Toufique Ahmed Bhutto as Guest of Honour, alongside MPA Shariq Jamal and MPA Ali Ahmed Jan, whose presence highlighted the importance of collective action in protecting our environment.

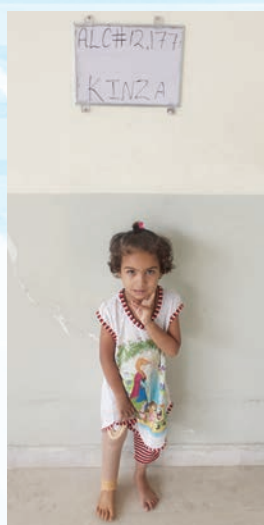


Stories That Inspire

ALC - Artificial Limb Centre | A Rotary Initiative

Kinza is one of the shining stars of our ALC (Artificial Limb Centre) family. Her journey has been one of extraordinary resilience. At just two and a half years old, her life changed forever when a wall collapsed while she was playing with her elder brother, she lost her limb in the accident, and her brother, just eleven years old, did not survive.

Kinza is now the eldest of five siblings, three brothers and two sisters. She has been coming to the centre since 2017 and has received five artificial limbs over the past nine years. In 2021, the centre introduced art therapy sessions with the aim of bringing children together through creative activity providing them with a safe space to reduce stress, process emotions, and work through psychological challenges. Through ALC's education programme, Kinza was enrolled in a good school on a full scholarship. Today, she is a confident young lady who plays sports, performs well academically, and continues to grow in every sense. Most recently, the art therapy sessions have been complemented by a new integrated life skills programme, designed for children and adolescents between the ages of 6 and 18 with physical disabilities who are supported by ALC. The programme focuses on building foundational life skills, communication abilities, and early vocational exposure alongside existing rehabilitation services. It runs continuously and adapts to each child's age and ability — beginning with daily living skills and progressively introducing more advanced skill-building activities. The programme is rooted in the understanding that while medical support improves mobility, children also need practical tools and guidance to lead more independent lives. Our goal for Kinza and for every child we support is to see her grow into a self-reliant, confident adult who is fully capable of supporting herself financially and living life on her own terms.



One wall fell. But because of Rotary, Kinza never did.

This is what Rotary looks like. Not just in meetings and milestones, but in the lives it quietly, permanently changes.

CELEBRATING FELLOW ROTARIANS

Birthday Milestones

For the month of July

1st July Soomro Khan Nohri Rotary Club of Umerkot Umrano	12th July Abdul Aziz Mehar Rotary Club of Mirpurkhas
2nd July Junaid Maher Rotary Club of Mirpurkhas	14th July Shahid Ismail Rotary Club of Karachi Quaid
4th July Amena Khan Rotary Club of Karachi	17th July Azra Jamal Memon Rotary Club of Sukkur
Dr. Saeed Ahmed Mangi Rotary Club of Hyderabad Mehran	Dr. Dayali Gul Rotary Club of Mohenjo Daro
6th July Fozia Keerio Rotary Club of Hyderabad Galaxy	18th July Iqbal Yousuf Shaikh Rotary Club of Karachi Shahrah e Faisal
7th July Salman Elahi Rotary Club of Karachi Roshni	Bina Rasheed Rotary Club of Karachi Sunset Millennium
8th July Fouzia Kanwal Rotary Club of Karachi Environment	19th July IPDG Shakeel Khan Rotary Club of Samaro
9th July Hiba Khan Rotary Club of Karachi Nexus	Muhammad Rizwa Jaffar Rotary Club of Karachi Blues
Dr. Talat Rizvi Rotary Club of Karachi New Central	22nd July Shazia Alam Rotary Club of Karachi Star
10th July Jabeen Naveed Khan Rotary Club of Karachi Educational Development	23rd July Muhammad Tauseef Shah Rotary Club of Karachi Allied
11th July Prof. Abdul Salam Shaikh Rotary Club of Khairpur	24th July Saira Adnan Rotary Club of Karachi Sunset Millennium
12th July Adeel Ahmad Jatoi Rotary Club of Karachi Karsaz	30th July Syed Tariq Shah Rotary Club of Karachi Educational Development
Ashok Kumar Dhanjani Rotary Club of Kunri Ever Green	31st July Dr. Sarfaraz Ahmed Qureshi Rotary Club of Hyderabad Indus

For the month of August

1st August Mohammad Rafique Leghari Rotary Club of Mirpurkhas Central	13th August Dr. Rafiq ul Hassan Khokar Rotary Club of Hyderabad
2nd August Atiqua Vally Rotary Club of Karachi Centennial	14th August Jawwad Bin Wasi Rotary Club of Karachi Pearl
2nd August Muhammad Amin Jindani Rotary Club of Sukkur	15th August Rafat Hussain Farooqi Rotary Club of Karachi Defense
3rd August Mansoor Ahmed Cheema Rotary Club of Mirpurkhas	16th August Pervaiz Haroon Madraswala Rotary Club of Karachi
5th August Iqbal Wahid Rotary Club of Karachi Midtown	19th August Syed Adeel Ahsan Rotary Club of Karachi Nexus
6th August Zeenat Bayat Rotary Club of Karachi Sunset Millennium	20th August Asad Shoukat Rotary Club of Mirpurkhas
6th August Salman Javed Rotary Club of Karachi Nexus	21st August Durdana Arshad Rotary Club of Karachi Happy Palace
8th August M Saqib Goodluck Rotary Club of Karachi Coastal City	21st August Sheikh Imtiaz Hussain Rotary Club of Karachi Avenue
9th August Dr. Jewat Sunder Rotary Club of Khipro Sunders	24th August PDG Syed Tahzeeb Kazmi Rotary Club of Nawabshah
10th August Raza Tabish Farooqui Rotary Club of Karachi	26th August Karima Sadiq Rotary Club of Karachi
10th August Ayaz Rafique Rotary Club of Karachi	31st August Riaz Ahmed Memon Rotary Club of Hyderabad Indus
10th August Engr. Darshan Lal Nankani Rotary Club of Hyderabad	

CELEBRATING FELLOW ROTARIANS

Wedding Anniversary Tributes

For the month of July

4th July

Dr. Muhammad Furqan Bilal & Nazish Furqan
Rotary Club of Karachi Educational Development

12th July

Dr. Kanwal Nazim & Dr. M. Uzair Khan
Rotary Club of Karachi Scientific Forum

Saleem Raza & Shabana Saleem
Rotary Club of Quetta Cosmopolitan

15th July

Sarmad Hanif & Amreen
Rotary Club of Karachi

16th July

Prof. Imran Ahmed Larik & Rozina Channar
Rotary Club of Mirpurkhas

17th July

Adil Riaz & Shaheera
Rotary Club of Karachi Centennial

21st July

**Capt. Sajid Mehmood TI(M) PN (Retd)
& Dr. Samina Shaheen Sajid**
Rotary Club of Karachi Capital Hills

Saira Maooz Ansari & M. Maooz Ansari
Rotary Club of Karachi Kehkashan

22nd July

Junaid Abdul Kader & Alvina Junaid
Rotary Club of Karachi Nexus

23rd July

Thakur Dileep Singh & Roop Mala Singh
Rotary Club of Mirpurkhas Paradise

25th July

Omar Farooq Dadi & Anum Omar
Rotary Club of Karachi

Dr. Rafiq ul Hassan Khokar & Nusrat Jehan
Rotary Club of Hyderabad

26th July

M. Saqib Goodluck & Sumaiya Saqib
Rotary Club of Karachi Coastal City

28th July

Naveed Abbas Adenwala & Neelam Abbas Adenwala
Rotary Club of Karachi Educational Development

29th July

Dr. Muhammad Saleem Baloch & Shagufta Sultana
Rotary Club of Turbat Central

For the month of August

1st August

Mohammad Ali Haider & Ayesha Haider
Rotary Club of Karachi Nexus

9th August

Zeenat Bayat & Glen Anwar Bayat
Rotary Club of Karachi Sunset Millennium

11th August

Shoaib Ismail & Hamida Shoaib
Rotary Club of Karachi

14th August

Adeel Ahmad Jatoi
Rotary Club of Karachi Karsaz

18th August

Rashida Kausar Ali & Kausar Abdullah
Rotary Club of Karachi Safe City

24th August

Asad Shoukat & Nafeesa
Rotary Club of Mirpurkhas

25th August

PP Mirza Muhammad Abbas & Meher Fatima
Rotary Club of Quetta Bolan Valley

25th August

Prof. Syed Ayaz Mehmood & Shahla Gul
Rotary Club of Quetta Bolan Valley

29th August

Durdana Arshad & Adm. Arshad Munir (Late)
Rotary Club of Karachi Happy Palace

30th August

Imdad Ali Bughio & Shumaila
Rotary Club of Hyderabad Galaxy

30th August

PDG Rizwan Adhia & Aisha Rizwan
Rotary Club of Karachi Quaid

الحمد لله

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